

Positive Alternatives 2014 - 15 Quarterly Update

Grantee: NORTH SIDE LIFE CARE CENTER

Goal: To provide quality prenatal care to women who may otherwise experience barriers to access, and to offer support services both before and after birth

For the period: Jan – Mr 2015

Activity or Service	Activity or Service Description Major Work Plan Activities	Work Plan Count	Program Progress and Accomplishments Report the progress and accomplishments made this period on each activity.	Report Count
Case Management Services	Enroll clients in educational incentive program and set goals; meet with clients at least monthly	80	Clients love learning and preparing for their babies. They appreciate being able to redeem their “baby bucks” for new items for baby..	121
Crib Distribution/ Sleep Safety Education	Provide safe sleep information to all clinic patients and to educational incentive program clients who select it; provide crib/Pack n Play to incentive program clients who earn one	8	Many clients start Small Steps early in their pregnancies and have not yet seen the Safe Sleep video. All prenatal patients @36 week visit are provided with safe sleep information and take home handouts. They take this information very seriously.	37
Education Assistance	Enroll client in educational incentive program; set ESL, GED or other educational goal; meet with clients to assess progress and meet goals	5	Most clients this quarter have their HS diplomas. Some clients are thinking about more schooling after the baby comes. One client passed her GED science test and is preparing for social studies. Hopes to get CNA.	1
Employment Assistance	Enroll client in educational incentive program; set employment goals such as working on resume or applying for job; meet with clients to assess progress and meet goals	6	More of our clients are having success in finding part time work during pregnancy.	4
Life-Skills Education Program	Enroll client educational incentive program; meet with clients to complete assignments and assess progress; clients work on life skills	25	Many clients are interested in the “Healthy Relationships” DVD. This is an excellent resource for helping clients set healthy boundaries.	51

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Mental Health	Provide prenatal patients with mental health assessment at their second OB visit, at 26 weeks and at 36 weeks; refer patients needing additional mental health counseling	25	We have all patients complete a PHQ9 at least 3 times during pregnancy. Referrals as needed.	45
Nutrition	Provide prenatal vitamins to eligible clients who need them	50	All clients with positive tests are given prenatal vitamins.	38
Parenting Education	Enroll client in educational incentive program; set goals; provide parenting education; Meet individually with client to complete assignments and assess progress	60	Clients have commented that they have changed the way they think about preborn babies. Others are amazed after watching "The amazing talents of the newborn baby" and other videos at what a newborn can do.	137
Prenatal medical care	Nurse midwives provide prenatal care and center staff provides support services to patients	25	CNM sees new OB patients 2 Fridays a month. Northside staff provides support, resources and referrals.	18
Provide Necessary Services Assessments Only	Staff provides clients only intake assessments, information on, referral to and assistance with securing necessary services	50	All new clients are screened for necessary services.	98

Maternal and Child Health Initiative Task Force Strategies	No.
<i>Number of women who received car seats and car seat safety education from a PA funded program activity</i>	
<i>Number of women who received car seat safety education only from a PA funded program activity</i>	

Maternal and Child Health Initiative Task Force Strategies	No.
<i>Number of women who received child abuse prevention education from a PA funded program activity</i>	19
<i>Number of women who received abusive head trauma (shaken baby) prevention education from a PA funded program activity</i>	19
<i>Number of women who received a baby bed, crib, or pack-n-play and sleep safety education from a PA funded program activity</i>	6
<i>Number of women who received sleep safety education only from a PA funded program activity</i>	23

Challenges: The number of women asking for pregnancy tests is down all over the city.

Comments: